



Journal of the National Collegiate Karate Association 2004

the
MidAmerica
Region of the I.S.K.F
Welcomes You
to the

**27th Annual ISKF/US
National Karate Championships**



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Columbus, Ohio**

The 2004 NCKA Directory is available on-line at:
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August, 2004

Greetings NCKA members:

Time passes very quickly. Although we spend a lot of time coming up with new ideas, before we know it, one year passes, and then another, and we find that we have not yet managed to translate many of these ideas into concrete action. I arrived in the US over 40 years ago, in 1964. I came up with many different ideas during my 35 years as an instructor in Arizona State University's PE department, and my decades as the Chairman of the National Collegiate Karate Union. Although I remain optimistic, unfortunately many of these ideas remain, as yet unrealized.

During the 1960s, when I first came to the US, the Vietnam War was escalating and a tremendous social revolution was underway. Like everything else, collegiate karate society was a reflection of its time and students were often quite confrontational. By contrast, today's physical education students are much more moderate and karate itself is more recreational than aggressive. Early in my career as a collegiate karate instructor, I had visions of channeling the energy and aggression of the karate students into a competitive organization much like that enjoyed by the football teams of the PAC-10. However, there are many limitations that make that kind of expansion unrealistic for collegiate karate. Martial arts are unlike other organized sports such as football, baseball and basketball. For example, in some schools karate is taught within the physical education department, some schools have small, independent karate clubs and so on. In addition, a wide variety of different martial arts styles are taught under the umbrella term "karate": Some schools teach traditional Japanese forms, some teach Korean arts such as taekwondo, others teach weapons arts and so on. Also, it is generally very difficult to redevelop a program under the umbrella of a parent organization such as the ISKF. A strong parent organization is beneficial because of the long history and powerful sense of tradition and legitimacy that comes from being part of such an institution. Unfortunately, though, large organizations tend to have their own sort of "inertia" that favors the status quo, and may inadvertently discourage change and innovation. Over time, if the ideas are truly valuable, we may break through this inertia, but after 40 years, I have come to understand that realization of my earlier dreams may be a bit more difficult than I originally thought!

It is not my intent to discourage you, but rather to motivate you to pursue your dreams regardless of the obstacles. Remember, we have survived and even thrived as a valued division of the JKA/ISKF for many years. Continuity is power. I hope that you will use that power for the benefit of the NCKA organization and of your own self-development over a lifetime of karate practice.

Yours,

Shojiro Koyama
Chairman, National Collegiate Karate Association





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August, 2004

Greetings!

I'd like to extend my sincere best wishes to all of the members, instructors and administrators of the many colleges and universities in the National Collegiate Karate Association. This facet of the ISKF has grown tremendously in the 14 years since its inception. This being so, I must extend my heartfelt gratitude to Mr. Shojiro Koyama, Director of the National Collegiate Karate Association. The example he has set in his technical instruction, dedication and continuity are the reasons why this association has continued to advance and grow. Mr. Koyama has set the pace and with the help and assistance of Dr. Tony Nakazawa and Dr. Paul Smith who I am also grateful to has been an inspiration and encouragement to all of the instructors and students in the National Collegiate Karate Association.

Many of the instructors and administrators in the NCKA volunteer their time to help develop the ISKA throughout the US. While watching the collegiate portion of the ISKF/US National Championships, it is evident that each year, the number of collegiate participants has grown but more importantly, the quality as well as the spirit of the collegiate members continues to improve. The instructors of these collegiate karate clubs are to be commended on a job well done.

I would like to wish all of the instructors, administrators and students of the National Collegiate Karate Association the best of luck and it is my hope that all of you will continue to train always.



Sincerely,



Teruyuki Okazaki
Chairman & Chief Instructor
International Shotokan Karate Federation

The Philosophy of *Kai*: A Successful Life Through Study and Planning

By Shojiro Koyama
(With Lana Susskind-Wilder)

In the 1964 Tokyo Olympic games, the Japanese women's volleyball team took the gold medal. That year's team coach was a man by the name of Dai Matsu, whose nickname was "The Demon." The Demon was a very strict, very hard man, much like an old-time Japanese military officer or Samurai warrior. Many people believed that he was so successful precisely because he was so strict and militaristic. This year, the Japanese women's volleyball coach is 180 degrees different from The Demon. However, despite his differences in coaching style, he too led his team on to victory in the Asian regional eliminations. It is very interesting that these two diametrically opposed leadership styles, one very regimented and harsh, one compassionate and gentle, have both been effective at different times and with different teams (although it might be argued that Dai Matsu's style was ultimately more effective since this year's Japanese team did not take home the Olympic gold!).

I think that the reason that each style has been effective in its own time is that today's players are also very different from those of the 1960's. This difference is characteristic not only of Olympic athletes, but of young people in general. For example, today's young karateka are much more recreation-and sports-oriented and much less focused on discipline. The spiritual and artistic features of karate are frequently neglected in favor of a focus on competition and showmanship. Unfortunately, when we turn completely away from the original cultural ideals of our art, we risk losing its rich and beautiful legacy, which is of course, very sad. Perhaps even sadder is the likelihood that a focus on the sports-like aspects of karate leaves less room for the philosophical foundations that guide and enrich the life of the true martial artist.

The Chinese have a very interesting life philosophy. A person's life, they say, is like a bamboo stick: It is organized in discreet sections rather than along one long continuous pathway as many people seem to believe. Life can be thought of as a learning process composed of five segments or stages. Stage one, *sei-kai* is the beginning stage, in which the very young child is focused on being and existing in the physical world. Physical needs are all that the baby knows and is concerned with, and he or she is completely grounded in the present moment.

Stage two, *shin-kai*, is concerned with forming a basic self-identity which is based in defining a life purpose. In this stage, formal education geared toward an eventual occupation is the all-consuming focus, and the young person begins to develop a future orientation. Stage, three, *ka-kei*, is the point in life at which one begins to focus on raising a family. *Ka* means house, and the person at this stage of life is concerned with hearth and home, spouse and children.

Ro-kai, stage four is the beginning of old age. The individual at this stage of his life is starting to focus on defining a meaning for his existence, and on finding a purpose in life. A focus on the past becomes important in order to understand and find value in one's lifetime of achievements, accomplishments and experiences. However, living completely in the past is dangerous at this stage because in doing so, one risks losing a sense of purpose in one's continued existence. That is the reason that many people die shortly after retirement. They find themselves drifting aimlessly and failing to find meaning in their post-retirement activities.

During the final stage of life, *shi-kai*, one begins to think about his or her own mortality and to prepare for eventual death. This is also a time of contemplating life after death, and may bring a new orientation to the future along with this focus on the afterlife. Depending on culture and

religion, one might for example, begin to imagine what heaven would be like, or might wonder in what form he will eventually be reincarnated.

The important point in this philosophy is that a person should not move aimlessly or mindlessly through these stages. *Kai* means plan or study, and inherent in the name of each stage is the implication that successful negotiation of every one depends on developing and following a meaningful personal philosophy during each of these life phases. Remember, too that karate follows a similar pattern of development, which elsewhere I have referred to as seasons. The individual who is, for example, exclusively and narrowly focused on competition (the middle stages of his training) will ultimately neglect the latter stages and will fail to find any purpose in the practice of his art as he inevitably retires from the tournament ring.

One very productive way of finding value in the post-competition *ro-kai* stage is by teaching, for example, as a karate instructor. Through teaching and passing on what you have learned, you achieve a sort of immortality. This is what the great psychologist Erik Erikson referred to when he wrote about successful negotiation of old age through the passing on of wisdom and guidance to a new generation. Also as Erikson said, successful negotiation of any stage depends on successful resolution of previous life stages. In this regard, a lifetime is much like a child's game of dominoes. If an earlier domino is off balance, it will impact each succeeding one in a negative way, ultimately resulting in failure of the entire chain. Remember, in everything that you do, keep in mind the Chinese philosophy of life stages and you will find satisfaction throughout your lifetime.

Soon, I will celebrate my 70th birthday. According to the Chinese philosophy, I am currently in the *ro-kai* stage of my life. Some people, even those much younger than I, perhaps only in their 50s or 60s, look very old and unhealthy. As they exited what they thought of as the "prime" of their lives, their physical condition declined and their functioning deteriorated. That is, of course, natural and inevitable. However, it is not healthy to merely accept this decline as the beginning of the end, without a plan for the latter stages of life. That is why *kai*, planning and studying, is so important, especially as we begin to age. That is also precisely why the practice of the lifetime art of karate is so beneficial. Supplemental exercises such as stretching, push-ups, diaphragmatic breathing and so on are excellent methods for reducing stress, increasing mental and physical flexibility and in general, combating the deleterious effects of aging, especially depression and anxiety. Each stage is an opportunity for study, planning and finding new meaning in all of our activities, such as the practice of karate. However, this opportunity is lost when one passively and fatalistically accepts functional decline as a sign of impending uselessness and deterioration.

How exactly does karate fit into this philosophy? That is for each of you to decide for yourself. Each person's physical condition and capabilities are different. Some people can continue to compete into their 40s while others are no longer physically capable of competing in their 30s. I can provide you with the basic philosophical framework as articulated in the Chinese philosophy of *kai*, but you must determine for yourself how you will apply it in your own life. One principle, though, is important for everyone, regardless of their personal life stage or circumstances, and that is this: Study and planning are important, and are your responsibility. Mindless existence is a waste of your valuable and unique life potential. If you think of karate as only a form of recreation to pass the time, you will not be able to use your art in pursuit of your maximum potential. Instead, use your art as a learning opportunity and a route towards character growth, and you will reap the rewards of following the philosophy of *kai* toward a successful and fulfilling lifetime of experiences.

National Collegiate Karate Tournament

Team Kata Results

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1980	Philadelphia	U. of New Orleans	U.C. Riverside	Temple University
1981	Sioux Falls	Temple University	Arizona State U.	U. of New Orleans
1982	Denver	Temple University	Ohio University	L.S.U.
1983	Miami	Temple University	Drexel University	P.J.C.
1984	Santa Monica	Temple University	U. of New Orleans	Arizona State U.
1985	Cleveland	Temple University	Georgian Court	University of Alaska
1986	New Orleans	Temple University	L.S.U.	U.C. Riverside
1987	Phoenix	Temple University	Georgian Court	University of Alaska
1988	Philadelphia	Temple University	Drexel University	U.C. Riverside
1989	Sioux Falls	Drexel University	U.C. Riverside	Temple University
1990	Denver	Drexel University	U. of Chicago	Temple University Drexel University
1991	Miami	Drexel University	University of Alaska	Temple University U of Illinois-Chicago
1992	Anchorage	University of Alaska	Temple University	Santa Rosa Jr. College
1993	Denver	Delta State University	Temple University	St. Cloud State Univ.
1994	Santa Monica	U. of South Florida	Temple University	University of Alaska
1995	Santa Rosa	U. of South Florida	Temple University	College of Wm. & Mary
1996	Indianapolis	Temple University	Drexel University	Ohio University
1997	New Orleans	U. of N. Colorado	Drexel University	Illinois
1998	Phoenix	Drexel University	Louisiana State Univ.	
1999	Denver	Louisiana State Univ.	Univ. of New Orleans	Drexel University
2000	Philadelphia	Louisiana State Univ.	Drexel University	Temple University
2001	Sioux Falls	Tulane University	Drexel University	Penn State University
2002	Orlando	Drexel University	University of Alaska	Penn State University
2003	Honolulu	Penn State University	U. of N. Colorado	Drexel University

National Collegiate Karate Tournament Team Kumite Results

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1980	Philadelphia	U. of New Orleans	Temple University	Cornell University
1981	Sioux Falls	Arizona State U.	U. of New Orleans	L.S.U.
1982	Denver	Temple University	U.C. Riverside	Ohio University
1983	Miami	Temple University	P.J.C.	Drexel University
1984	Santa Monica	U.C. Riverside	Temple University	U. of New Orleans
1985	Cleveland	Temple University	Ohio University	University of Alaska
1986	New Orleans	Temple University	Tulane	U.C. Riverside L.S.U.
1987	Phoenix	U.C. Riverside	Ohio University	University of Alaska
1988	Philadelphia	Drexel University	U.C. Riverside	U. of New Hampshire
1989	Sioux Falls	Ohio State	Drexel University	University of Alaska
1990	Denver	U. of Arizona	Mt. States	East Coast
1991	Miami	Manikato State	Temple University	U. of Illinois-Chicago Florida State
1992	Anchorage	U. of Illinois	Mankato State	Temple University
1993	Denver	Delta State University	St. Cloud State Univ.	Temple University
1994	Santa Monica	Temple University	UCLA	University of Alaska
1995	Santa Rosa	College of William & Mary	Temple University	Santa Rosa Jr. College
1996	Indianapolis	Temple University	Drexel University	Ohio University
1997	New Orleans	Drexel University	U. of Northern Colorado	U. of New Orleans U. of Illinois
1998	Phoenix Women's Men's	Drexel University Drexel University	Louisiana State Univ.	
1999	Denver Men's	(Brown & Black Belt) Louisiana State Univ.	Drexel University	
2000	Philadelphia Women's Men's	(Brown & Black Belt) Tulane University Louisiana State Univ.	Penn State Tulane	Temple University Drexel University
2001	Sioux Falls Women's Men's	(Brown & Black Belt) Penn State University Drexel University	Tulane University Tulane University	Penn State University
2002	Orlando Women's Men's	Tulane University Louisiana State Univ.	Penn State University Penn State University	University of Alaska
2003	Honolulu Women's Men's	Penn State University Tulane University	Drexel University	Louisiana State Univ.

National Collegiate Karate Tournament

Men's Kata Results Brown & Black Belt

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1980	Philadelphia	Tom Hyder Arizona State Univ.	Mike Urpschot Univ. of New Orleans	David Biggs Arizona State Univ.
1981	Sioux Falls	Hiroyoshi Okazaki Temple University	Ken Wang U.C.R.	David Biggs Arizona State Univ.
1982	Denver	Hiroyoshi Okazaki Temple University	Jerry Kattawar L.S.U.	Aaron Jacobs Temple University
1983	Miami	Hiroyoshi Okazaki Temple University	Mike Urpschot U. of New Orleans	John Caluda C.I.A.
1984	Santa Monica	Hiroyoshi Okazaki Temple University	Bob Shibasaki El Camino College	Stuart Smith Univ. of Arizona
1985	Cleveland	Hiroyoshi Okazaki Temple University	Jerry Kattawar Delta State Univ.	Greg DuBois A.C.C., Alaska
1986	New Orleans	Jerry Kattawar Delta State Univ.	Scott Johnson Metro State	P. Crapanzano L.S.U.
1987	Phoenix	Bob Shibasaki El Camino College	Tufic Akil Florida Int'l Univ.	Morris Lawrence Washtenau C.C.
1988	Philadelphia	Tufic Akil Florida Int'l Univ.	Morris Lawrence Washtenau C.C.	Paultz U.C. Riverside
1989	Sioux Falls	Hiroshi Yaguchi U. of Colorado	John Nunez Mankato State Univ.	Eric Renner S.S.U.
1990	Denver	Brian Treanor UCLA	Jamie Gisevius South	George Hernandez U. of Illinois-Chicago
1991	Miami	Kengo Inatu U. of S. Alabama	August Antenoracruz U. of Illinois	Paul Lapansri U. of S. Alabama

National Collegiate Karate Tournament

Men's Kata Results (continued) Brown & Black Belt

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1992	Anchorage	Tomoya Kawasaki Temple University	Charles Baerlin Santa Rosa Jr. College	Chad Drachenberg Mankata State
1993	Denver	Tomoya Kawasaki Temple University	Hiroshi Ando Temple University	Victor Sein Western Region
1994	Santa Monica	Masahiro Hori Taishou University	Takahiro Kimura Taishou University	Kouji Motoyoshi Kokushikan University
1995	Santa Rosa	Justin Nepo West Chester Univ.	Takamichi Maeshima Temple University	Joshua Rau Univ. of N. Colorado
1996	Indianapolis	Justin Nepo West Chester Univ.	Errol Mahoney Univ. of S. Florida	Kallan Resnick Univ. of Pennsylvania
1997	New Orleans	Ricky Supnet Univ. of Hawaii	Toshihide Nakamura Univ. of Illinois	Jorge Miangos Santa Clara
1998	Phoenix	Toshihide Nakamura Univ. of Illinois	Gary Ho Santa Clara	Phuc Nguyen EC
1999	Denver	Tony Nakamura Univ. of Illinois	William Huffstetler Newport Univ.	Satoshi Kuwahara Univ. of CA-San Diego
2000	Philadelphia	Steven Kiefer Santa Monica	William Huffstetler Newport Univ.	Nathan Smith Penn State
2001	Sioux Falls	Steven Kiefer California State	Dimitri Papadopoulos Tulane University	Arthur Derbes LSU
2002	Orlando	Jumbo Banaria UC Santa Cruz	Dimitri Papadopoulos Tulane University	Steven Kiefer Columbia College
2003	Honolulu	Dimitri Papadopoulos Tulane University	Jumbo Banaria UC Santa Cruz	Greg Hoplmazian Penn State University

National Collegiate Karate Tournament

Men's Kumite Results Brown & Black Belt

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1981*	Sioux Falls	John Caluda U. of New Orleans	Fahmi Hashish Arizona State Univ.	David Biggs Arizona State Univ.
1982	Denver	John Caluda C.I.A.	Bobby Miles U.C.R.	Hiroyoshi Okazaki Temple University
1983	Miami	John Caluda C.I.A.	Hiroyoshi Okazaki Temple University	S. Montgomery, Drexel Patrick Geis, P.J.C.
1984	Santa Monica	Rene Vildosola Santa Monica Col.	Stuart Smith Univ. of Arizona	H. Morimoto Univ. of Arizona
1985	Cleveland	Jarra Kattawar Delta State U.	Hiroyoshi Okazaki Temple University	Greg DuBois A.C.C., Anchorage
1986	New Orleans	Jarra Kattawar Delta State U.	David Lukas Mesa Comm. Col.	Steven McDermott Temple University Robert Schorr, L.S.U.
1987	Phoenix	James Butwin Univ. of Arizona	Tufic Akil Florida Int'l Univ.	Steven McDermott Temple University
1988	Philadelphia	Mike Tan U.C. Riverside	Tufic Akil Florida Int'l Univ.	Harvey Coon Drexel University
1989	Sioux Falls	Samer Atassi Univ. of Miami	Dean Mori Univ. of AK-Anchorage	Eddie Ribinson South Central Region
1990	Denver	Jamie Gisevius South	Eric Renner Mankato	Moris Kennedy, Temple Brian Treanor, SWUCLA
1991	Miami	Morris Kennedy Temple University	Pete Johnson Delta State	August Antenoracruz Univ. of Illinois
1992	Anchorage	George Hernandez Univ. of Illinois	Morris Kennedy Temple University	Francis Foo Santa Rosa Jr. College Tomoya Kawasaki Temple University

* There was no Men's Kumite competition in 1980.

National Collegiate Karate Tournament

Men's Kumite Results (continued) Brown & Black Belt

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1993	Denver	Pedi Johnson Delta State Univ.	Tony Kelly Delta State Univ.	Steven Davenport Delta State Univ.
1994	Santa Monica	Takhiro Kimura Taishu University	Yasuhiro Minowa Kokushikan University	Norimitsu Yamamoto Komazawa University
1995	Santa Rosa	Tony Kelly Delta State Univ.	Norihito Kodama College of Wm. & Mary	Devin Fadaol Southern Region
1996	Indianapolis	Devin Fadaol Tulane University	Justin Nepo West Chester Univ.	Zak Cook UCLA
1997	New Orleans	Dan Dalio Univ. of New Orleans	Isao Nakayama U. of Southern Miss.	Gary Ho, Santa Clara M. Orhoa, U.N. Orleans
1998	Phoenix	Ricky Pampo L.S.U.	Tony Kelly Delta State Univ.	T. Nakamura, Univ. of Ill. B. Towels, Drexel
1999	Denver	Satoshi Kuwahara Univ. of CA-San Diego	Darryl Rappold L.S.U.	Frank Garcia Univ. of Texas
2000	Philadelphia	Steven Kiefer Santa Monica	David Armentor L.S.U.	William Huffstetler, Newport Univ. Alexi Faktoravich, Amhearst
2001	Sioux Falls	Dimitri Papadopoulos Tulane University	Steven Kiefer California State	Miquel Radillo Miami-Dade Comm. Col.
2002	Orlando	Dimitri Papadopoulos Tulane University	Jarno Vinsencius Columbia College	Jumbo Banaria University of CA Sean Oliver Univ. of Louisiana
2003	Honolulu	Dimitri Papadopoulos Tulane University	Jean Dejace Tulane University	Jihone Du Arizona State University Lee Enibeam Louisiana State Univ.

National Collegiate Karate Tournament

Women's Kata Results Brown & Black Belt

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1980	Philadelphia	Laurie Endo U.C.R.	Jacki Spiro Rutgers Univ.	Karen Antonatos U. of New Orleans
1981	Sioux Falls	Karen Antonatos L.S.U.	Carol See Tai Florida Atlantic U.	Kim Young S.D.S.U.
1982	Denver	Carol See Tai Florida Int'l Univ.	Terri Bettamak Phoenix Comm.	K. Kirchner Ohio University
1983	Miami	L. Muso-Ris Univ. of Miami	Terri Bettamak Arizona State Univ.	C. Greenburg U.M.
1984	Santa Monica	L. Muso-Ris Florida Int'l Univ.	Terri Bettamak Arizona State Univ.	Carol Lombard U. of New Orleans
1985	Cleveland	Cynthia Eldridge Ohio University	Nancy Ding Arizona State Univ.	Cathy Lombard U. of New Orleans
1986	New Orleans	Sheila Red U.C.R.	Won Yee Cheng U.C.R.	Noel Haeglin U.C.R.
1987	Phoenix	Elizabeth Fanning Phil. College Pharm.	Rose Cooney Cal. State, L.A.	Shawn Sullivan Delta State Univ.
1988	Philadelphia	Dao Vuong Univ. of S. Florida	Amy Tompkins Georgian Court C.	Noel Haegelin U.C. Riverside
1989	Sioux Falls	Dao Vuong South Atlantic Region	Deanne Martinez Colorado Univ.	Christian Tupa Georgian Court C.
1990	Denver	Christina Blair Northwest	Maria Iwasu Drexel University	Michelle LaBlanc Univ. of Alaska
1991	Miami	Heidi Hegg Univ. of Alaska	Diane Bennett Univ. of New Mexico	Jennifer Sandvik Univ. of Alaska
1992	Anchorage	Heidi Hegg Univ. of Alaska	Diane Bennett Univ. of New Mexico	Michelle Lindstad Sacramento State

National Collegiate Karate Tournament

Women's Kata Results (continued) Brown & Black Belt

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1993	Denver	Nicole Naylor Univ. of Alaska	Dona Rule-Petersen Western Region	Julie Petersen Western Region
1994	Santa Monica	Natalie Mladenov U. of South Florida	Patricia Mladenov U. of South Florida	Jennifer Kruszynsky Santa Rosa Jr. College
1995	Santa Rosa	Natalie Mladenov U. of South Florida	Caryn Cravens Barry University	Patricia Mladenov U. of South Florida
1996	Indianapolis	Caryn Cravens Barry University	Jennifer Kurzynski Santa Rosa Jr. College	Ina Deasis Ohio State University
1997	New Orleans	Caryn Cravens Barry University	Tarra Kuusisto Univ. of N. Colorado	Rebecca Rako Harvard
1998	Phoenix	Josephine Valdes City College S.F.	Amelia Valero Drexel University	Raymunda Semana Univ. of New Orleans
1999	Denver	Amber Nakazawa Arizona State	Raymunda Semana Univ. of New Orleans	Amelia Valero Drexel University
2000	Philadelphia	Raymunda Semana Univ. of New Orleans	Abby Jefcoat Temple University	Edith Pike Tulane University
2001	Sioux Falls	Kristen Hoffman Temple University	Jennifer Baker Temple University	Dominique Langford Tulane University
2002	Orlando	Yvonne Clarabal Skyline College	Jennifer Baker Temple University	Elizabeth Randolph Franklin & Marshall
2003	Honolulu	Josaphine Valdez Skyline College	Elizabeth Randolph Franklin & Marshall	Kelley Doohen

National Collegiate Karate Tournament

Women's Kumite Results Brown & Black Belt

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1983*	Miami	Dian Dawson P.J.C.	Maylie Colon Georgian Court	Beatriz La Milia Georgian Court Carol Greenburg, U.M.
1984	Santa Monica	Debbie Aguime Mesa Comm. College	Rose Shutt N.E. Louisiana U.	Ramona Meyer L.S.U.
1985	Cleveland	Jackie Piper Georgian Court	Cathy Lombard U. of New Orleans	Rose Shutt N.E. Louisiana U.
1986	New Orleans	Sheila Reed U.C. Riverside	Won Yee Cheng U.C. Riverside	Myriam Perez Georgian Court Rose Mary Clooney Santa Monica College
1987	Phoenix	Shawn Sullivan Delta State U.	Elizabeth Fanning Phil. Coll. Pharm.	Rose Cooney Cal. State., L.A.
1988	Philadelphia	Shawn Sullivan Delta State U.	Beth Hyatt UCLA	Noel Haegelin U.C. Riverside
1989	Sioux Falls	Shawn Sullivan Southern Region	Deanne Martinez Colorado Univ.	Amy Knecht Mankato State
1990	Denver	Cindy Wilkins U. of N. Hampshire	Michelle LeBlanc Univ. of Alaska	Maria Iwasu Drexel Christina Blair Santa Rose Jr. College
1991	Miami	Heidi Hegge Univ. of Alaska	Amy Knecht Mankato State	Carol Reiger Univ. of Alaska
1992	Anchorage	Christina Blair Santa Rosa Jr. College	Heidi Hegge Univ. of Alaska	Diane Bennett New Mexico Jennifer Sandvick Univ. of Alaska
1993	Denver	Nicole Naylor Univ. of Alaska	Laurel Corpin Univ. of Alaska	Heather Cresceco North Central Region

* There was no Women's Kumite competition in 1980, 1981 and 1982.

National Collegiate Karate Tournament

Women's Kumite Results (continued) Brown & Black Belt

YEAR	LOCATION	1st PLACE	2nd PLACE	3rd PLACE
1994	Santa Monica	Wendy Williams Glendale Comm. College	Boby Lou Bottu Santa Rosa Jr. College	Jennifer Kruszynsky Santa Rosa Jr. College
1995	Santa Rosa	Natalie Mladenov U. of South Florida	Boby Lou Bottu UC Davis	Debra Farnsworth Mankato State
1996	Indianapolis	Caryn Cravens Barry University	Wendy Williams Arizona State	Shana Wilcox Univ. of Mississippi
1997	New Orleans	Caryn Cravens Barry University	Tarra Kuusisto U. of N. Colorado	Rebecca Rakow Harvard Amber Minoque UNC
1998	Phoenix	Rebecca Rakow Harvard	Leah Santos CCSF	Raymunda Semana U. of New Orleans Shana Wilcox Washington Univ.
1999	Denver	Amber Nakazawa Arizona State	Teresa Marzolph Adams State	Amelia Valero Drexel University
2000	Philadelphia	Raymunda Semana U. of New Orleans	Edith Pike Tulane	Dominique Langford Tulane University Amber Nakazawa Arizona State
2001	Sioux Falls	Kristen Hoffman Temple University	Jennifer Baker Temple University	Dominique Langford Tulane University
2002	Orlando	Irina Sherbaty University of Science	Madina Papadopoulous Tulane University	Dominique Durand University of Louisiana Jean Tsai University of Arizona
2003	Honolulu	Lidja Jorio N. Virginia Comm. Coll.	Josaphine Valdez Skyline College	Hannah Moore Univ. of N. Colorado Elizabeth Randolph Franklin & Marshall

ISKF Camps for 2005			
Camp	Date	Location	Information
Northwest Spring Camp	Late May	Washington	(425) 451-8722
ISKF Master Camp	Mid June	Pennsylvania	(215) 222-9382
Grand Canyon Karate Camp	Early July	Arizona	(602) 274-1136
Mountain States Camp	Early August	Colorado	(303) 733-8326
Alaska Summer Karate Camp	Late August	Alaska	(907) 694-8915
Santa Monica Karate Camp	Early September	California	(310) 395-8545

Directory of Karate Clubs and Classes in U.S. Colleges and Universities - 2004

College & Instructor	Mailing Address	Phone / E-mail
ALABAMA University of South Alabama Mike Urpschot	4150 Chambord Lane Mobile, AL 36618	-
ALASKA Kodiak Community College M. Narra	P.O. Box 3132 Kodiak, AK 99615	(907) 486-5405 -
University of Alaska Anchorage C. Holness	P.O. Box 105024 Anchorage, AK 99501	(907) 279-2410 E-mail: Phil@ukpik.com
University of Alaska Southeast D. Stevens	P.O. Box 34404 Juneau, AK 99803	(907) 790-4199 E-mail: hooligan@gci.net
University of Alaska Fairbanks T. Nakazawa	P.O. Box 81710 Fairbanks, AK 99708	(907) 457-4918 E-mail: fnatn@uaf.edu
ARIZONA Arizona State University S. Koyama	Dept. of Physical Education Tempe, AZ 85287	(602) 274-1136 -
Mesa YMCA Karate Club Sanseido Stan Hirohata	207 N. Mesa Drive Mesa, AZ 85201	- -
Rendokan Karate Dojo Ken Carson	3401 East Hawthorn Tucson, AZ 85716	- -
Scottsdale Community College S. Koyama	Dept. of Physical Education 9000 E. Chaparral Rd. Scottsdale, AZ 85250	(602) 274-1136 - -
University of Arizona Paul Hurtado	5065 E. 5th St. Tucson, AZ 85711	(520) 882-2103 -
CALIFORNIA Santa Rosa Jr. College Marty Callhan	5299 Hall Road Santa Rosa, CA 95401	(707) 575-1681 (707) 575-9815 fax
University of CA at Los Angeles James Field	1218 5th Street Santa Monica, CA 90401	(310) 395-8545

Directory of Karate Clubs and Classes in U.S. Colleges and Universities - 2004

College & Instructor	Mailing Address	Phone / E-mail
COLORADO		
Adam's State College Randy Newell	1 Bellwood Drive Alamosa, CO 81102	(719) 489-4509 -
University of Colorado Bruce Green	4373 Apple Court Boulder, CO 80301	(303) 442-3289 -
University of Northern Colorado Kambiz Khalili	1309 51st Ave. Court Greeley, CO 80634	(970) 356-6558
HAWAII		
University of Hawaii-Manoa Harry Tagomori	P.O. Box 61214 Honolulu, HI 96839	(808) 956-7606 E-mail: tagomori@hawaii.edu
ILLINOIS		
University of Chicago David Tang Wee	8406 W. 168th Pl. Tinley Park, IL 60477	(708) 633-0552
IOWA		
Iowa State University David Halstead	314 Wilhelm Hall, ISU Ames, IA 50011	(515) 294-1943 E-mail: halstead@ameslab.gov
LOUISIANA		
University of New Orleans Pat Jennings	P.O. Box 740722 New Orleans, LA 70174	(504) 908-7773 E-mail: info@neworleanskarate.com
Louisiana State University Steve Robichaux	1036 Castlekirk St. Baton Rouge, LA 70808	(504) 767-4767 E-mail: SROBICH@unix1.SNCC.LSU.EDU
Zavier Karate Club Pat Jennings	6426 Gen. Haig Drive New Orleans, LA 70124-3912	-

Directory of Karate Clubs and Classes in U.S. Colleges and Universities - 2004

College & Instructor	Mailing Address	Phone / E-mail
MARYLAND Frostburg State University Avalon Ledong Johns Hopkins University Janet Padgett	148 Depot St. P.O.Box 632 Frostburg, MD 21532 4222 Falls Rd. Baltimore, MD 21211	(301) 687-4105 E-mail: dzpcled@fra00.fsu.umd.edu (410) 662-7701 E-mail: jpadgett@csa.com
MASSACHUSETTS Amherst College Jose Betances University of Massachusetts Dennis Connor	Karate Club, Box 471 Amherst, MA 01002-5000 81 Sheffield Dr. Belchertown, MA 01007	E-mail: jbetances@amherst.edu (413) 323-6121 E-mail: dcrashconner@aol.com
MINNESOTA SW State University-Marshall Liz Hess	3274 290th Ave. Cottonwood, MN 56229	(507) 532-5478 E-mail: jnhess@starpoinet.net
MISSISSIPPI Delta State Unniversity Tony Kelly, c/o H. Sullivan	111 Parkway Ave. Cleveland, Miss. 38733	-
NEW YORK Binghamton University Tamas Nagy Cornell University Tamas Nagy University of Rochester Leslie Baksmaty	305 Wyckoff Ave. Ithaca, NY 14850 305 Wyckoff Ave. Ithaca, NY 14850 60 Crittenden Blvd. #810 Rochester, NY 14620	(607) 257-3424 - (607) 257-3424 E-mail: tn35@cornell.edu (585) 461-2709 E-mail: leslie@pas.rochester.edu
NORTH DAKOTA University of North Dakota Dan Burkhart	473 Burdick Court Grand Forks, ND 58203	(701) 772-3184 (701) 777-2415 fax E-mail: sensei_dan@hotmail.com
OHIO Ohio University Howard Beebe	113 Franklin Ave. Athens, OH 45701	(614) 594-8737

Directory of Karate Clubs and Classes in U.S. Colleges and Universities - 2004

College & Instructor	Mailing Address	Phone / E-mail
PENNSYLVANIA		
Bucknell University Jason Haase	1134 Avalon Pkwy Williamsport, PA 17701	(570) 321-0729 E-mail: JasonHaase@webtv.net
Drexel University James Sim	4106 Baltimore Avenue Philadelphia, PA 19104	(215) 222-1775 222-4182 fax E-mail: jsx@jsxnet.com
Lycoming College Shotokan Karate William Bubb	1913 Blaire St. Williamsport, PA 17701	(570) 321-9017 E-mail: bubb@lycoming.edu
Penn College George Vance	151 Shaffer St. Duboisstown, PA 17702	(570) 322-3642 -
Penn State University J.D. Swanson	Wartik Building University Park, PA 16802	(814) 867-8542 ids24@psu.edu
Temple University Takamichi Maeshima	222 South 45th St. Philadelphia, PA 19104	(215) 222-9382 E-mail: iskf@iskf.com
Thomas Jefferson University Thomas Weber	P.O. Box 2083 Haddonfield, NJ 08033	(856) 795-3372 -
West Chester University Paul K. Smith	Dept. of Kinesiology West Chester, PA 19383	(610) 436-2764 E-mail: psmith@wcupa.edu
RHODE ISLAND		
Brown University Ahmed Abdullah	569 Smithfield Rd. #9 N. Providence, RI 02904	(401) 270-6360 E-mail: karate@brown.edu
TEXAS		
El Paso J.K.S. L. Dean Van Matre	1530 Lomaland El Paso, TX 79935	- -
VIRGINIA		
College of William & Mary Steve Pohle	P.O. Box 1537 Newport News, VA 23601	(757) 875-5339 E-mail: phlesj@aol.com
University of Virginia David Stackpole	1657 Shady Grove Ct. Charlottesville, VA 22902	(434) 979-3722 karateclub@virginia.edu
WASHINGTON		
Pacific Lutheran University Mark Cordice	14207 C St. South #A-16 Tacoma, WA 98444	(253) 537-4350 E-mail: jkaofwas@hotmail.com
Washington State University Scott Randall	- Pullman, OR	- -

Please let us know if there are any corrections.

Send them to: Tony Nakazawa, Box 81710, Fairbanks, AK 99708
Phone: (907) 457-4918 Pager: (907) 459-7918 Fax: (907) 457-4913 E-mail: fnatn@uaf.edu
Thanks!



INTERNATIONAL SHOTOKAN KARATE FEDERATION - U.S.A.

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Central Region Masanobu Nihei (314) 427-1155	Mountain States Region Yutaka Yaguchi (303) 733-8326 http://www.uniques.com/shotokan	South Atlantic Region Shigeru Takashina (305) 346-0035
East Coast Region Teruyuki Okazaki (215) 222-9382 E-mail: psko@iskf.com	North Central Region Lee Doohen (604) 332-6572 E-mail: sfshotokan@aol.com	Southern Region Takayuki Mikami (504) 835-6825 E-mail: BHayley@tulane.edu
Hawaii Harry Tagomori (808) 956-3816 E-mail: tagomori@hawaii.edu	Northwest Region Cathy Cline (425) 451-8722 E-mail: cathycline@worldnet.att.net	Southwest Region James Field (310) 395-8545 E-mail: info@jksm.com
ISKF web: www.ISKF.com E-mail: iskf@iskf.com		Western Region Shojiro Koyama (602) 274-1136 E-mail: azkarate@earthlink.net

Purposes of the NCKA

1. To increase awareness of traditional Japanese karate as a sport in the U.S. college and university system.
 2. To develop organized collegiate karate across all traditional Japanese styles.
 3. To maintain and instill the mental and physical values and benefits of Karate-do.
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NCKA Eligibility Requirements

1. Full time college student (undergraduate or graduate).
 2. Individual and team event contestant rules follow the official ISKF rules.
 3. All team members must attend the same University and/or College.
 4. Permission to compete from Regional ISKF Director.
 5. Collegiate contestants have only 4 academic years in which to complete their NCKA eligibility.
 6. Contestants must maintain a GPA of 2.000 (and validated by ISKF Regional Director).
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NCKA Activities

1. 2004 National Collegiate Karate Tournament - November 4-7, 2004. Columbus, OH. Sponsored by the International Shotokan Karate Federation. All styles welcome.
2. National Collegiate Karate Association 2004 Annual Meeting (in conjunction with the 2004 ISKF National Collegiate Karate Tournament). For information, contact Mr. S. Koyama (602) 274-1136.
3. 2004 Directory of Karate Clubs and Classes in U.S. Colleges and Universities. Please send your club information or any revisions to the National Collegiate Karate Association (NCKA), 6324 N. 7th Street, Phoenix, AZ 85014. FAX: (602) 943-3350
4. To submit articles to be considered for publication please send them to Tony Nakazawa, Box 81710, Fairbanks, Alaska 99708. Phone: 907-457-4918 FAX: 907-457-4913 Pager: 907-459-7918
E-mail: fnatn@uaf.edu